

Pre-School

Topic	Key Vocabulary	Key Knowledge/ Skills
Autumn 1 Families, Friendships and Safe Relationships RRSA Article Weekly Picture News: to cover four British Values and the nine protected characteristics. Colour monster: understand my feelings and the feelings of others. Democracy: voting for our daily fruit/snack Rule of Law: creating our safety posters Mutual Respect and Tolerance: Learning and talking about how we are all different. Diwali, Harvest, Individual Liberty: providing daily opportunities for children to share their ideas and be listened to.	family (Mum, dad, brother, sister, special person) friend rule (Rule of Law) safe / unsafe happy / sad kind / unkind head, shoulders, eyes, nose, mouth, tongue, ears, neck, arms, legs, knees, toes, elbow, arm, hands, fingers, back, waist, penis, vagina, breast and nipples.	Families and people who care for me- Become more outgoing with unfamiliar people, in the safe context of their setting. -Our families, learning about how we are all different Linked to Mutual Respect and Tolerance (British Values) . Caring Friendships- Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them - Find solutions to conflicts and rivalries Being Safe- Create our safety posters (our class rules), increasingly follow these rules, and understand why they are important. General Wellbeing- Be increasingly independent in meeting their own needs. E.g. using the toilet, washing and drying hands, knowing where their body parts are and the correct names for these. (Twinkl My Amazing Bod and My Body Belongs to Me. Medway: Body parts PP) Health, protection and prevention- To know about dental health and the benefits of good oral hygiene.
Autumn 2 Respecting ourselves and others Weekly Picture News: to cover four British Values and the nine protected characteristics. Colour monster: understand my feelings and the feelings of others. Democracy: voting for our daily fruit/snack Mutual Respect and Tolerance: Learning and talking about how we are all different. Diwali, Harvest and Christmas Individual Liberty: providing daily opportunities for children to share their ideas and be listened to. Rule of Law: following our safety posters	As above pants	Caring Friendships- Play with one or more other children, extending and elaborating play ideas Democracy: understanding sharing, turn taking, and that others have different interests Being Safe- Remember rules without needing an adult to remind them. Linked to Rule of Law (British Values) .
Spring 1 Keeping Safe online Digital Literacy Link to Safer Internet day and Children's mental health week To be linked with the computing objectives and resources. Weekly Picture News: to cover four British Values and the nine protected characteristics. Colour monster: understand my feelings and the feelings of others. Democracy: voting for our daily fruit/snack Mutual Respect and Tolerance: Learning and talking about how we are all different. Diwali, Harvest and Christmas Individual Liberty: providing daily opportunities for children to share their ideas and be listened to. Rule of Law: following our safety posters	As above Internet	Online safety and awareness- Internet safety day Being Safe- Remember rules without needing an adult to remind them. Linked to Rule of Law (British Values) . General Wellbeing: to consolidate new vocabulary linked to keeping safe (NSPCC Pantosaurus).
Spring 2 Belonging to a community Weekly Picture News: to cover four British Values and the nine protected characteristics. Colour monster: understand my feelings and the feelings of others. Democracy: voting for our daily fruit/snack	As above Community baby	Respectful, kind relationships- Develop their sense of responsibility and membership of the community. Think about careers. Mutual Respect and Tolerance (British Values) . -Develop appropriate ways of being assertive, talk with others to solve conflicts Being Safe- Remember rules without needing an adult to remind them. Linked to Rule of Law (British Values) . General Wellbeing: How I change over time. Consolidate body parts. (Medway

Reception

Topic	Key Vocabulary	Key Knowledge/ Skills
<u>Autumn 1</u> Families, Friendships and Safe Relationships Weekly picture news to cover 4 British Values and 9 protected characteristics Rule of law: Creating our safety posters Mutual respect and tolerance: Encourage children to reflect on their similarities and differences with each other and foster an inclusive approach.	family (Mum, dad, brother, sister, special person) friend Rule (rule of law) Safe / unsafe happy / sad Kind / unkind Germs, soap, wash / dry, clean Rule of Law Democracy Head, shoulders, eyes, nose, mouth, tongue, ears, neck, arms, legs, knees, toes, elbow, arm, hands, fingers, back, waist, penis, vagina, breast and nipples.	Families and people who care for me- Become more outgoing with unfamiliar people, in the safe context of their setting Caring Friendships- Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them - Find solutions to conflicts and rivalries - Build constructive and respectful relationships Being Safe- Create our safety posters (our class rules) increasingly follow rules, understanding why they are important, <i>linked to rule of law British Value</i> General Wellbeing- Be increasingly independent in meeting their own needs. E.g. using the toilet, washing and drying hands, personal hygiene, knowing where their body parts are and the correct names for these. (Twinkl My Amazing Bod and My Body Belongs to Me. Medway: Body parts PP) Health, protection and prevention- To know about dental health and the benefits of good oral hygiene.
<u>Autumn 2</u> Respecting ourselves and others Rule of law: Following our safety posters Weekly picture news to cover 4 British Values and 9 protected characteristics Mutual respect and tolerance: Encourage children to reflect on their similarities and differences with each other	As above Respect Rule of Law Mutual Respect	Caring Friendships- Play with one or more other children, extending and elaborating play ideas - Think about the perspectives of others Being Safe- Remember rules without needing an adult to remind them <i>linked to rule of law British Value</i> Respectful, kind Relationships- See themselves as a valuable individual
<u>Spring 1</u> Keeping Safe online Digital Literacy Link to Safer Internet day and Children's mental health week To be linked with the computing objectives and resources. Weekly picture news to cover 4 British Values and 9 protected characteristics	As above Internet, harm, screen time, online Mental health	Online safety and awareness- Internet safety day Wellbeing online- sensible amounts of 'screen time' Being Safe- Remember rules without needing an adult to remind them <i>linked to rule of law British Value</i> General Wellbeing- Express their feelings and consider the feelings of others To be linked with the computing objectives and resources (NCPSSD resources)

Year 1 and 2 Cycle A

Topic	Key Vocabulary	Key Knowledge/ Skills
<u>Autumn 1</u> Families, Friendships and Safe Relationships Team Captains School Council (Year 2) Class Charter.	Conflict resolve Unsafe Democracy Rule of Law Mutual Respect and Tolerance	Families and people who care for me- To recognise that families and friends can make them happy and unhappy and to know who to ask if they feel unsafe. Caring Friendships- To know that friendships can ups and downs and that these can often be worked through so that the friendship is repaired. General Wellbeing - To know that loneliness can affect mental wellbeing and to know that they can discuss worries with an adult. Being Safe- How to recognise and report feelings of being unsafe or feeling bad to an adult.
<u>Autumn 2</u> Respecting ourselves and others Money and work	Cooperate lonely excluded Positive Mutual Respect and Tolerance Rule of Law	Respectful, Kind Relationships- To know practical steps that they can take in a range of different contexts or to support respectful relationships. To work co-operatively together. Caring Friendships- To know that healthy friendships are positive and welcoming towards others and do not make others feel lonely or excluded.
<u>Spring 1</u> Keeping Safe online Digital Literacy Link to Safer Internet day and Children's mental health week Talent Show (Year 2) Children's Mental Health Week Safer Internet Day	Real fake fact fictional Content Democracy Rule of Law	Online safety and awareness- To know that some people behave differently online and to understand this can lead to harmful situations. Being Safe- To know when to ask for help and who to ask for help. Wellbeing Online- To know that not all information online is real and know what to do if they see something they do not like. To know how to report concerns. General Wellbeing- To recognise that some content online might make you feel sad, unhappy or anxious and know that there are people you can turn to .
<u>Spring 2</u> Belonging to a community	Rights responsibility community Opinion Mutual Respect and Tolerance Democracy Rule of Law Individual Liberty	Respectful, Kind relationships- To know the importance of respecting others. To know that people may think differently to them. To know that in a community and in families they might have different ideas and opinions To recognise their responsibility within their community. Being Safe- To know who they can talk to if they are feeling unhappy or they see something that worries them in their community, family or friendship groups.
<u>Summer 1</u> Physical and mental wellbeing Keeping safe Link to science Shared Reader—Rights of the Child.	Medicine immunisation mood Routine Mutual Respect and Tolerance	General wellbeing- To know that it is common for people to experience mental ill health. To recognise what improves their mental wellbeing eg what makes them happy Self-care techniques hobbies, interests time spent with friends. To know how to deal with loss. That change and loss, including bereavement can provoke a range of feelings and that everyone grieves differently. Being safe Know when to ask for help. Physical health and fitness- To understand that building a routine of exercise can ben-

Year 1 and 2 Cycle B

Topic	Key Vocabulary	Key Knowledge/ Skills
Autumn 1 Families, Friendships and Safe Relationships Body parts (Science Lesson 1 and PSHE Lesson 5) Resource— NSPCC Pants Talk Voting for Team Captains and School Council	Family kind promise important Special people Caring Mental wellbeing Penis vagina, nipples, vulva and testicles. Democracy	Families and people who care for me- To learn about roles of different people in our lives and that they are important as we grow up. Caring Friendships- To learn how important friendships are in making us feel happy and secure. Mental Wellbeing -How families and friendships can impact mental wellbeing. Being Safe What sort of boundaries are appropriate in friendships with peers and others. (Rule of law)
Autumn 2 Respecting ourselves and others Money and work Road Safety Magic show NSPCC Speak out and stay safe assembly	Feelings emotions respect Manners Mutual respect and tolerance	Respectful, kind Relationships- How our behaviour affects others. The importance of being polite and respectful. To know the importance of respecting others and good manners. (Mutual respect and tolerance) Caring Friendships- To know the importance of showing respect to our friends. Mental Wellbeing- How to recognise and talk about feelings and emotions, including having a variety of words.
Spring 1 Keeping Safe online Digital Literacy Link to Safer Internet day 9/02/21 and Childrens mental health week To be linked with the computing objectives and resources. Tanfield Got Talent Safer Internet Day	Online risk report Communicate Democracy	Online safety and awareness- The rules and principles of keeping safe online. How to recognise risks and report them. Being Safe- Boundaries of friendships online. Where to seek advice if they are unsure. How to recognise and report feelings of being unsafe Wellbeing online- To understand how online relationships can compliment and support in person relationships but should not substitute high quality in person relationships. What are the uses of the internet and how do we communicate online. To begin to understand that access to the internet should be limited. Mental wellbeing- To know that online friendships can have a negative impact on mental wellbeing.
Spring 2 Belonging to a community	Community belief preference background	Respectful, kind Relationships- The importance of respecting others, even when they are very different from them or make different choices or have different beliefs or preferences. Mutual respect and tolerance Being Safe- How to keep safe in the community and ask for help if they are concerned.
Summer 1 Physical and mental wellbeing	Hygiene infection	General wellbeing- To know the benefits of physical exercise on mental health. Being safe-

Year 3 and 4 Cycle A

Topic	Key Vocabulary	Key Knowledge/ Skills
<u>Autumn 1</u> Families, Friendships and Safe Relationships Cultural Capital In it together conference in the Summer term. Anti-Bullying champions throughout the year. Body parts references (NSPCC Pants resources) Voting for Team Captains Voting for School Council Class charter	Characteristics healthy friendship Uncomfortable judge Penis, vagina, nipples, vulva, testicles , scrotum Democracy Mutual respect and tolerance	Families and people who care for me- That caring relationships may of different types. Caring Friendships- The characteristics of caring friendships. Healthy friendships are positive and welcoming towards others and do not make others feel lonely or excluded. To recognise that there is no shame in feeling lonely or talking about it. How to recognise who to trust and who not to trust. How to judge a friendship is making them happy or unhappy or uncomfortable? General Wellbeing- Where to seek support, including who they can speak to in school if they are concerned about others. Respectful, kind Relationships -To know about different types of bullying. How to communicate effectively and manage conflict with kindness and respect . How to be assertive and express needs and boundaries. Being Safe- To know the concept of privacy.
<u>Autumn 2</u> Respecting ourselves and others Money and work	Manners courtesy Mutual respect and tolerance	Respectful, kind relationships- The importance of respecting others. To know the conventions of manners
<u>Spring 1</u> Keeping Safe online Digital Literacy Link to Safer Internet day and Children's mental health week To be linked with the computing objectives and resources. Tanfield's Got Talent	Data concern advertising factual popularity Democracy	Online safety and awareness- how information and data is shared and used online. That there is a minimum age for joining social media which protects children from inappropriate content. Being Safe- How to report concerns or abuse. Wellbeing online- How to better understand the way in which information is presented on line. Where and how to report concerns and get support with online issues.
<u>Spring 2</u> Belonging to a community	Volunteer compassion contribute Mutual respect and tolerance Individual liberty Rule of Law	Respectful, kind Relationships- To recognise they live in different communities and that they must respect those within it. To begin to understand a stereotype and how this can be negative. Being Safe- How to respond appropriately to adults they may encounter in all contexts who they do not know.
<u>Summer 1</u> Physical and mental wellbeing Keeping safe Link to science	Check-up oral hygiene illness symptoms	General wellbeing- To know that exercise can have benefits to mental wellbeing. Being safe- To ask for support if you are worried. Physical health and fitness- The importance of daily exercise on physical and mental wellbeing. Healthy Eating- To know the characteristics of a poor diet and the risks. Health, protection and prevention- To know about good oral hygiene including regular

Year 3 and 4 Cycle B

Topic	Key Vocabulary	Key Knowledge/ Skills
Autumn 1 Families, Friendships and Safe Relationships Cultural Capital In it together conference in the Summer term. Anti-Bullying champions throughout the year. Class Charter Vote for team captains and school council PSHE lessons— different beliefs and religions, diversity	Stability support supervision privacy, individual liberty Mutual respect and tolerance Democracy	Families and people who care for me- To understand that the characteristics of a healthy family life including same-sex parents, step parents, blended families and foster and adoptive families. To know the importance of spending time together and sharing each other's lives. Online safety and awareness- To know the same principles apply to online friendships as to face to face including being respectful even when they are anonymous. Respectful, kind Relationships- To know about different types of bullying. How to seek help when needed, including when they are concerned about violence, harm, or when they are unsure who to trust. General Wellbeing- To know where to seek support if you are unsure about how you feel. Being Safe- Where to get advice if they are worried about families or friendships,
Autumn 2 Respecting ourselves and others Money and work	Respect responsible model respectful behavior self-respect Mutual respect and tolerance, rule of law	Respectful, kind Relationships- To recognise respectful behaviour. To know the importance of self-respect and how this links to you own happiness. Caring Friendships- To treat others kindly and politely.
Spring 1 Keeping Safe online Digital Literacy Link to Safer Internet day and Childrens mental health week To be linked with the computing objectives and resources. Tanfield's got talent	Appropriate true accurate altered adapted Democracy	Being Safe- To how to ask for advice or to express concerns. Wellbeing online- That for most people the internet is an integral part of life. How to consider their actions online. How to be a discerning consumer of online information. To know that the internet can have both a positive and negative impact. General wellbeing- To be aware of how online activity can affect mental wellbeing both positively and mentally. Online safety and awareness- To understand where to go for advice and support when they are feeling or worried about something they have seen or engaged with online
Spring 2 Belonging to a community	Rights responsibilities beliefs, mutual respect and tolerance, individual liberty	Respectful, kind Relationships- The importance of respecting others from different backgrounds and different beliefs from themselves. Being Safe- To know the rights and responsibilities.
Summer 1 Physical and mental wellbeing Keeping safe Will link to science and PE.	Healthy unhealthy habits	General wellbeing- How to recognise and talk about your emotions. To know there is a range of emotions. Being safe- Where to get advice. Physical health and fitness- To know the risks associated with an inactive lifestyle. Healthy Eating- To know what constitutes a healthy diet. The principles and planning of a healthy meal. The characteristics of a poor diet and risk associated with

Year 5 and 6 Cycle A

Topic	Key Vocabulary	Key Knowledge/ Skills
<u>Autumn 1</u> Families, Friendships and Safe Relationships Democracy: Voting for Team Captains; Voting for School Laws Rule of Law: Class rules Individual Liberty linked to class rules; Gender stereotypes in computing Mutual Respect and Tolerance: Directly linked to PSHE—ground rules; Gender stereotypes in computing	Gender pressure marriage civil partnership consent,	Families and people who care for me. To know that other families might look to different to theirs and they should respect children from different families. To know that stable and caring relationships are at the heart of happy families and are important for the children's security as they grow up. That marriage represents a formal and legally recognised commitment and is intended to be lifelong. General Wellbeing- Where and how to seek support. Respectful, kind Relationships To know the importance of permission seeking with friends peers and adults. Online safety and awareness- To recognise how to respond safely online. Being Safe
<u>Autumn 2</u> Respecting ourselves and others Money and work Democracy: Rule of Law: Individual Liberty linked to class rules. Mutual Respect and Tolerance: SMSC: Year 5 Residential; Year 6 Residential	Opinion challenge manage conflict values	Respectful, kind Relationships- How to listen to others and respect their opinion and views. To constructively challenge points of view. Caring Friendships- To know that it is important to respect the views of friends even if they are different to your own. How to recognise when a friendship is making them feel unhappy or uncomfortable, and how to get support when needed. Wellbeing online- To know how to take a critical approach to what they see and read online and to make responsible decisions about what is appropriate for them, Girls: Lesson plan change to include teaching of puberty by teachers (no nurse visit)
<u>Spring 1</u> Keeping Safe online Digital Literacy Link to Safer Internet day 9/02/21 and Childrens mental health week To be linked with the computing objectives and resources. Democracy: Voting for Talent Show Rule of Law: Individual Liberty linked to class rules. Mutual Respect and Tolerance: SMSC:	Social media manipulate inappropriate	Online safety and awareness- How information and data is stored online. The importance of exercising caution about posting / sharing any information about themselves online, Online risks, including that any material provided might be circulated and can't be deleted. Being Safe- To know who to ask for help if they are worried about something on the internet. Online Wellbeing- How to be a discerning consumer of information online. That people use the internet as part of their daily lives. To know that they have rights in relation to sharing personal data, privacy and consent.
<u>Spring 2</u> Belonging to a community	Prejudice discrimination influence attitude	Respectful, kind Relationships- To know what a stereotype is and how stereotypes can be unfair, negative or destructive. Being Safe- To know who to speak to if they feel as though they are being discriminated against.

Year 5 and 6 Cycle B

Topic	Key Vocabulary	Key Knowledge/ Skills
<u>Autumn 1</u> Families, Friendships and Safe Relationships Democracy: Voting for Team Captains; Voting for School Council; Link to Ancient Greece Rule of Law: Class Rules Individual Liberty linked to class rules; Gender stereotypes in computing Mutual Respect and Tolerance: Directly linked to PSHE—ground rules; gender stereotypes in computing SMSC:	Resolve conflict permission peer influence approval challenges dispute	Families and people who care for me- How to recognise if family relationships are making them feel unhappy or unsafe. Caring Friendships- Healthy friendships are positive and do not leave others feeling excluded or lonely. Friendships have up and downs and to know how to positively resolve conflict. Respectful, kind Relationships- To know the importance of seeking permission in relationships. To recognise the difference between being assertive and controlling and conversely the difference between being kind to other people and neglecting your own needs. General Wellbeing -To recognise emotions. Being Safe- How to recognise and report feelings of being unsafe or feeling bad about any adult. How to report concerns. How to ask for advice or help for themselves or others. How to recognise when a relationship is harmful or dangerous.
<u>Autumn 2</u> Respecting ourselves and others Money and work Democracy: Rule of Law: Individual Liberty linked to class rules. Mutual Respect and Tolerance: SMSC: Visit from KP Snacks; Year 5 Residential; Year 6 Residential	Secrets authority respect self-respect stereotypes uncomfortable discrimination trolling	Respectful, kind Relationships- To know about different types of bullying. To recognise how stereotypes can be unfair. To know the importance of self-respect. To know that in the wider society they can expect to be treated with respect and in turn they should respect others including those in a position of authority. Online safety and awareness -To know that the same principles apply to online relationships. Being Safe- To know that it is not always right to keep secrets if they relate to being safe. To know that each person's body belongs to them and the differences between appropriate and inappropriate or unsafe physical contact. Wellbeing online- To know about the risks relating to online gaming, video game monetisation , scams, fraud and other financial harms, and that gaming can become addictive. Girls: Lesson plan change to include teaching of puberty by teachers (no nurse
<u>Spring 1</u> Keeping Safe online Digital Literacy Link to Safer Internet day and Childrens mental health week To be linked with the computing objectives and resources. Sex education lesson to be taught during this half term linked to the science curriculum- Could we look at when we teach Spring1 Democracy: Voting for Talent Show Rule of Law:	Suspicious content Device media biased opinion	Online Relationships- To know how information and data is shared online. Being Safe- To know where to ask for help. Wellbeing online- To understand how information is presented and ranked online.