

Lunch Menu Week 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEALS

Tomato Pasta



Classic Beef Burger with
Oven Baked Potato Wedges

Roast Chicken,
Sage and Onion Stuffing,
Roast Potatoes and Gravy

Creamy Chicken and
Broccoli Pasta Bake



Breaded Fish Fingers
with Chipped Potatoes

Homemade Cheese and
Tomato Pizza with
Oven Baked Potato Wedges



Vegetarian Burger with
Oven Baked Potato Wedges



Chilli No Carne
with Crispy Tortilla and
Wholegrain Rice



Sticky BBQ Quorn
with Wholegrain Rice



Crispy Quorn Nuggets
with Chipped Potatoes



Jacket Potato
with a Choice of Fillings



Jacket Potato
with a Choice of fillings



Jacket Potato
with a Choice of Fillings



Jacket Potato
with a Choice of Fillings



Jacket Potato
with a Choice of Fillings



Sandwich Selection

Sandwich Selection

Sandwich Selection

Sandwich Selection

Sandwich Selection

Freshly Prepared Salad Served Daily

SIDES

Mixed Salad
Sweetcorn



Baked Beans
Coleslaw



Carrots
Broccoli



Sweetcorn
Cabbage



Baked Beans
Peas



DESSERTS

Raspberry Jelly

Chocolate Cookie
with Fruit Slices



Orange Drizzle Cake
with Custard

Original Flapjack
with Fruit Slices



Vanilla Ice Cream

AVAILABLE EVERY DAY
Water, salad, freshly baked bread,
yoghurt & fresh fruit

Vegetarian

Wholegrain

Nutritionist's choice

Oily fish

Fruity!



Lunch Menu Week 2



MAIN MEALS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Herby Tomato Pasta	Butter Chicken Curry with Wholegrain Rice	Roast Gammon with New Potatoes, Yorkshire Pudding and Gravy	Beef Bolognese with Wholemeal Pasta	Southern Fried Chicken with Chipped Potatoes	
Homemade Cheese and Tomato Pizza with Oven Baked Potato Wedges	Meatless Balls in Tomato Sauce with Wholemeal Pasta	Quorn Roast with New Potatoes, Yorkshire Pudding and Gravy	Cheese and Onion Pasty with Mashed Potatoes and Gravy	Veggie Fingers with Chipped Potatoes	
Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	
Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	

Freshly Prepared Salad Served Daily

SIDES

Baked Beans Coleslaw	Curried Cauliflower Sweetcorn	Cabbage Carrots	Big Bowl Salad Broccoli	Baked Beans Peas
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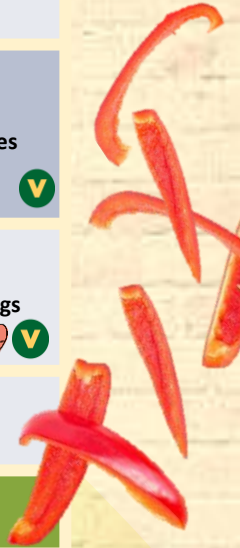
DESSERTS

Orange Jelly	Crispy Crackle Bar with Fruit Slices	Lemon Drizzle Cake with Custard	Ginger Biscuit with Fruit Slices	Strawberry Ice Cream
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AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian
 Wholegrain
 Nutritionist's choice
 Oily fish
 Fruity!



Lunch Menu Week 3



MAIN MEALS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato Pasta Bake	Pork Sausage with Mashed Potato and Gravy	Roast Chicken with Roast Potatoes, Sage and Onion Stuffing and Gravy	Cottage Pie with Gravy	Breaded Fish Fingers with Chipped Potatoes	
Homemade Cheese and Tomato Pizza with Oven Baked Potato Wedges	Vegetarian Sausages with Mashed Potatoes and Gravy	Macaroni Cheese	Veggie Burrito with Wholegrain Rice	Crispy Quorn Nuggets with Chipped Potatoes	
Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	
Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	

Freshly Prepared Salad Served Daily

SIDES

Mixed Salad Coleslaw	Cabbage Sweetcorn	Carrots Peas	Sweetcorn Broccoli	Baked Beans Peas
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DESSERTS

Strawberry Jelly	Chocolate Cake with Fruit Slices	Vanilla Cake with Custard	Lemon Cookie with Fruit Slices	Chocolate Ice Cream
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AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian
 Wholegrain
 Nutritionist's choice
 Oily fish
 Fruity!

