### CNS Sports Stars Data - Tanfield Primary School - 2014-15

## **Vision**

A measurable and sustained improvement in school PE and sport, underpinned by high-quality teaching that increases participation levels in physical activity, and leads to healthier pupils who are more engaged across the whole curriculum. This will be our legacy to the London 2012 Olympic and Paralympic Games.

### **Objectives**

- **1.** To improve the quality of existing PE teaching through continuing professional development in PE for generalists, so that all primary pupils improve their health, skills and physical literacy, and have broader exposure to a range of sports.
- **2.** To increase participation levels in competitive sport and healthy activity of pupils, and maintain these into adolescence.
- **3.** To increase the quality of initial teacher training in PE and sport, and to promote PE specialisation in primary level workforce.
- **4.** Schools understand and value the benefits of high quality PE and sport, including its use as a tool for whole school improvement.

At CNS Sports Stars we offer a bespoke package to all schools. Our aims are to promote physical education and sport in key stage 1 and 2 with the hope this is continued into future key stages and in life outside of school. We encourage staff from all schools to observe, support and co teach PE lessons to help improve school staff knowledge on both PE and specific sports.

All of our staff are CRB/DBS checked and are observed in line with school policy. Staff attend CPD opportunities with the local county council and in future SAFC foundation light.

Our cluster package was designed in cooperation with 4 schools all under the same business manager. The aim of the package was to;

- 1 Increase participation levels
- 2 Challenge and support MAT students
- 3 Improve teacher knowledge
- 4 Provide opportunities for students to experience a wide range of activities
- 5 Make it sustainable and affordable

As part of our service and our strong links to the cluster we have put 2 of our staff per school year through the level 3 qualification delivered by the PE County Council.

#### **Evidence**

See appendices for CPD, school registers, observations, data information in this booklet, student voice to be carried out at the end of each school year.

# CNS Sports Stars Year Plan

DATE	Festival Competition	YEAR GROUP	ACTIVITY	WHERE	SCHOOLS	
Term 1						
Tuesday 21 <sup>st</sup> October	Festival	Y6	Multi Skills	@ Tanfield	B,WG, TL, LM	
Friday 17 <sup>th</sup> October	Competition	Y3 and 4	Tag Rugby	@ Brandon	B,WG, TL, LM	
Tuesday 9 <sup>th</sup> December	Festival	Y5	Multi Skills	@ Tanfield	B,WG, TL, LM	
Friday 5 <sup>th</sup> December	Competition	Y1 and Y2	Hockey	@ Tanfield	B,WG, TL, LM	
		Term	1 2			
Tuesday 10 <sup>th</sup> February	Festival	Y4	Multi Skills	@ Witton	B,WG, TL, LM	
Friday 13 <sup>th</sup> February	Competition	Y5 and Y6	High 5	@ Brandon	B,WG, TL, LM	
Tuesday 24 <sup>th</sup> March	Festival	Y3	Multi Skills	@ Witton	B,WG, TL, LM	
Friday 27 <sup>th</sup> March	Competition	Y1 and Y2	Football	@ Brandon	B,WG, TL, LM	
		Term	1 3		,	
Tuesday 19 <sup>th</sup> May	Festival	Y2	Multi Skills	@ Brandon	B,WG, TL, LM	
Friday 15 <sup>th</sup> May	Competition	Y3 and Y4	Cricket	@ Witton	B,WG, TL, LM	
Tuesday 7 <sup>th</sup> July	Festival	Y1	Multi Skills	@ Brandon	B,WG, TL, LM	
Friday 10 <sup>th</sup> July All Day	Competition	Y5 and Y6	Athletics	@ Brandon	B,WG, TL, LM	
	Lea	adership/Deli	very Sessions			
Leadership Delivery Sessions	Anthony			Tanfield		

## **Festival Programme**

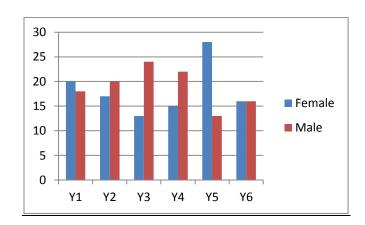
The festival programme is designed to cater for all students of all abilities. Each festival offers a wide range of activities such as OAA, Dance, Sending and Receiving, FUNdamentals, Team Games and Striking and Fielding.

The aim of the festival programme is to offer a wide range of activities. In doing this it is hoped the students will find an activity of interest they can then continue to participate in at school and/or out of school. EVERY STUDENT in the school takes part in the festival for their year group.

The sessions work on a carousel basis where students have 20 minutes at each activity.

## Festival Participation Levels

	Year Group	Girls	Boys	Total
	Y1	20	18	38
	Y2	17	20	37
	Y3	13	24	37
	Y4	15	22	37
	Y5	28	13	41
	Y6	16	16	32
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### **Competition Programme**

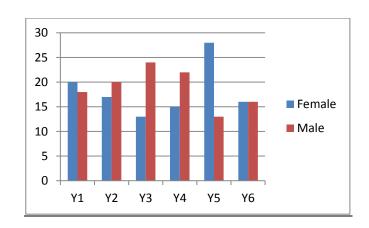
The competition programme is a half termly programme with 2 hours per week in school coaching followed by a half day competition within the 4 school cluster. During this in school coaching there is the opportunity for school staff to obtain invaluable knowledge on the various sports, rules, coaching sessions and CNS staff knowledge.

There is a wide variety of competitive sport on offer throughout the school year. The programme is delivered across the full school and can be accessed by all students in the school

The 16-20 more able and talented (MAT) students are selected by the CNS and school staff to represent their school at the cluster competition.

## **Competition Participation Levels**

Year Group	Students
Y1	38
Y2	37
Y3	37
Y4	37
Y5	41
Y6	32



#### **Leadership Programme**

The leadership programme was designed to select MAT students from across the curriculum to gain leadership skills to extend their learning. The MAT students can be selected in a variety of ways such as an application process or a simple identification from school staff. CNS staff then delivers 6-8 weeks of hourly sessions to guide students on how to be a sports leader. A sports leadership programme is supplied to the students to be completed on a weekly basis.

With this being the first year of delivery each school was given options of;

- 1 Continuing with the MAT student learning via the delivery of blocks of leadership skills suited to different sports
- 2 MAT students to deliver an after school session with the guidance/support of the CNS staff.

## **Breakfast, Lunch and After School Clubs**

Sessions are very well attended at school. Lunch clubs are accessible to all children free of charge with the after school clubs costing a small fee. The lunch clubs main aim is for mass participation in a safe environment. This has been very successful with CNS staff setting up structured games for all children to participate in. After school clubs are more specific to key stage groups and specific in coaching. More skill based activities are delivered in this time. Sessions range from multi skills, ABC's, dance, football, cricket, dodgeball and many more.

## **Evaluation and Action Taken**

#### October 2013

Head teachers meeting – points raised;

- Transport issues discussed and itinerary amended successfully for next competition
- Timetable issue for the festival discussed and amended by CNS
- Team selection and use of A and B teams. A team and B team to remain separate throughout the competition. No changes for final games.

#### April 2014

Head teachers meeting – points raised;

- Previous points amended all with successful outcomes.
- Timetable plans for next year to be addressed in June meeting.
- Package was working well positive feedback from staff and head teachers.
- CNS to conduct student voice in cooperation with each school, feedback in June meeting
- Hoodies or t shirts to promote the leaders to make them stand out as leaders in the school.

# **CACHE Level 3: Qualification - From Coaching to Teaching**

Course Code: PHY702

**Cost:** Partners: £590 Non-partners: £860

Full course compulsory 120 hours consisting of:

- ➤ 6 units of work, each a full day session
- ➤ 6 interim assignments, putting the theory into practice
- ➤ 1 lesson observation

This course will support coaches in making the transition from working in a coaching context to a school setting and to maintain high quality teaching and learning. It is essential that coaches develop an appropriate knowledge and understanding of the requirements of the National Curriculum and

the strategies used to enable pupils to make progress in the development of their physical skills, knowledge and understanding.

This Level 3 Cache Professional Qualification offers coaches the opportunity to gain the knowledge, understanding and experience of delivering high quality SAFE physical education and school sport within schools.

All of the sessions are practical in nature and assignments are based on the content covered. Candidates must complete all units of work and all criteria must be met.

The units of work are:

- Including all young people in PE / Developing fundamental movement skills
- Teaching and Learning / Assessment through the use of games core tasks
- Developing strength and flexibility / Delivering gymnastics sessions
- Establishing Out of School Hours clubs / Delivering Dance sessions

#### Action taken from 2014-15

- Hoodies introduced for Leaders
- Student voice was successful with no major issues raised
- Student voice will happen again across a wider age range/gender